Third Head Start Week

Movement with Scarves

1. Give two scarves to each student and have them put one scarf in each hand
2. Have the student sing stretching very tall and very small, then tall-small, then form a tiny ball while they act out the song
3. Repeat and ask students to sing louder
4. Repeat again very fast
5. Hold the scarves low then slowly move the scarves high while softly making a siren sound then move the scarves very fast while making the siren sound then repeat much louder.
6. Have the students kneel down and sing firecracker, firecracker what do you do, you burst and you pop until you just can’t stop then throw the scarves into the sky and say pop. Repeat singing the song softly then very loud

Woodwind Instruments

1. Show an empty water bottle and ask if the class knows you can make a sound with the bottle, then blow air across the top hole to make a sound and ask the class to try to make a sound on a bottle at home and if they can, they could play a flute
2. Show the class the flute while in the case then remove the top of the flute and blow across the hole like the bottle to show how the flute plays
3. Assemble the flute and play the flute and show the class the keys of the flute
4. Tell the class they can play the flute in school when they get older
5. Ask the class to name the keys of the flute

1. Show the class the saxophone and have them name the mouthpiece, keys, bell and made out of brass and explain how the bottom lip rolls in and the teeth are on top of the mouthpiece
2. Play the saxophone and tell the class they can play the saxophone in school when they get older
3. Have the class dance when you play the saxophone and freeze when you stop playing the saxophone
Play the Gong

1. Show the Gong to the class
2. Show the class how to play the Gong
3. Have each student play the Gong one at a time

Play the String Bass

1. Show the string bass to the class
2. Have them name the different parts-body, neck and head
3. Show the bow to the class and tell the class the string on the bow is horse hair
4. Show the rosin to the class and explain that it is sap from a tree and apply the rosin to the horse hair
5. Play the string bass and show how moving the bow slow and fast makes the bass play soft and loud
6. Put a finger on a string and move the finger to show how to change the sound
7. Pluck the strings like a jazz player
8. Ask the students if they would like to play the bass and have them come up one at a time to play playing the bass using two hands on the bow, then have them pluck a string

Give Whistles to the Class

1. Have the teachers write the names of each of the students on a whistle
2. Have the class form a line then give each student their whistles
3. Show the class how to blow softly into the whistles
4. Tell the class to play the whistle with every step they make while marching
5. March slow then fast
6. Show the class how to cover the first hole of the whistle with their first finger, then show how to cover the second and third hole of their whistle while they play the whistle
7. Collect the whistles and give them to the teachers so they can give them to the students later
Play the Matching Game

1. Set up the game before class starts with musical symbols behind paper
2. Show the symbols to the class and have them sing, beat or say high or low
   a. Whole notes, students sing for 4 beats
   b. Half notes, students sing for 2 beats
   c. Quarter notes, students sing for 1 beat
   d. Whole rest, students rest for 4 beats
   e. Half rest, students rest for 2 beats
   f. Treble clef and sharp sign, students say high
   g. Bass clef and flat sign, students say low
   h. Eighth notes, students beat 2 time with every beat
   i. Repeat sign means to repeat the music
3. Explain there are 2 symbols each and a match is their goal
4. Show how to raise the paper to expose the symbol
5. Tell the class they can raise 3 papers to find a match

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<thead>
<tr>
<th>Instrument</th>
<th>Country of Origin</th>
<th>Website</th>
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<td>Flute</td>
<td>Germany</td>
<td>Flute example</td>
</tr>
<tr>
<td>Saxophone</td>
<td>Belgium</td>
<td>Amazing Saxophone Sole</td>
</tr>
<tr>
<td>Double Bass</td>
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<td>Canon in D-Double Bass</td>
</tr>
<tr>
<td>Whistle</td>
<td>England</td>
<td>Traditional Irish Tin Whistle songs</td>
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<tr>
<td>Gong</td>
<td>China</td>
<td>Gong Performance</td>
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