

MDEL Fifth Week

Movement with Scarves

1. Give two scarves to each student and have them put one scarf in each hand
2. Have the students sing stretching very tall and very small, then tall-small, then form a tiny ball while they act out the song
3. Repeat and ask students to sing louder
4. Repeat again very fast
5. Hold the scarves low then slowly move the scarves high while softly making a siren sound then move the scarves very fast while making the siren sound then repeat much louder.
6. Have the students kneel down and sing firecracker, firecracker what do you do, you burst and you pop until you just can't stop then throw the scarves into the sky and say pop. Repeat singing the song softly then very loud

Advanced Drum Circle

1. Form a circle with the carpets with students sitting on the carpets
2. Show and teach how to play the instruments as you give each student an instrument
3. Instruments the students will be playing in the advanced drum circle:
 - A. Violin
 - B. Bass Ukulele
 - C. Electric Guitar
 - D. Maracas
 - E. Steel Drum
 - F. Sleigh bBls
 - G. Ratchet
 - H. Doumbek
 - I. Cowbell
 - J. Tom Tom
 - K. Bongos
 - L. Xylophone
 - M. Piano
 - N. Large Drum
 - O. Large Tamborine
5. Play the instruments
6. Then have the students play as soft as they can then as loud as they can

7. Ask the students to put their instrument gently on the floor
- 8, Let the students know they will switch carpets so they can play all the instruments
9. Have the students stand and move to the next instrument to the left or right
9. Let the students play their new instrument
10. Then have the students play a rhythm together
- 11, Repeat steps 7-9 until the students have played all the instruments
12. Collect all the instruments

Hula Hoops

1. Give each student a hula hoop
2. Have the students raise the hula hoop above their head with both hands
3. Then have them slowly lower their hula hoop around their body to their feet
4. Then raise the hula hoop back above their head then to their feet
5. Repeat the process going faster and faster
6. Then play high notes on the piano and explain to the class to put the hula hoop above their heads when they hear high notes on the piano and then play low notes on the piano and tell the class to put the hula hoop by their feet when they hear low notes on the piano
7. Repeat playing high notes and low notes on the piano while going faster and faster

Instrument	Country of Origin	Website
Violin	Italy	Producing a good sound on the Violin Where did the violin come from
Electric Guitar	America	Beginner Electric Guitar lesson Who really invented the Electric Guitar
Maracas	Puerto Rico	Introduction to the Maracas
Steel Drum	Trinidad	Steel Drum video samples
Sleigh Bells	Connecticut	How to play Sleigh Bells-You Tube
Ratchet	Germany	How to play the Ratchet (Cog Rattle)
Doumbek	Egypt	Amazing Street Doumbek Kid Drummer
Cowbell	West Asia	How to play the Cowbell-You Tube
Tom Tom	Netherlands	Musical instrument Tom Tom
Bongos	Cuba	Basic Bongos rhythms
Xylophone	China	Awesome Xylophone Guy