



# FLINT SCHOOL OF PERFORMING ARTS

*A Program of the Flint Institute of Music*

## Music Therapy Session Options and Prices

Music Therapy addresses cognitive, physical, social or emotional needs through the science of how music affects the brain and other areas of the body. Therapeutic goals and objectives are created for each client's specific needs. Music therapy sessions may include: improvisation, songwriting, group instrument manipulation, music and movement, and structured music listening. No musical experience is required for individuals receiving the music therapy!

### **Sessions at the FSPA:**

#### Individual Sessions

Sessions include:

- Goals and objectives specifically designed for the individual's needs
- Documentation for each session stating progress on goals and objectives
  - 30-minute session charge: \$30
  - 45-minute session charge: \$45

#### Group Sessions

Sessions include:

- 6-10 people in group
- Group goals and objectives specifically designed for the individuals' needs
- Documentation for each session stating the group's progress on goals and objectives
  - 45-minute session charge is \$22/per person

The MT-BC working with you will have all the instruments and materials needed for sessions. If individual is under 18, a guardian will need to remain in the building for the time of session

### **For more information contact:**

Breanne Book, MT-BC

bbook@thefim.org

(269) 569-1771

<https://thefspa.org/music-therapy/>

## MEET OUR MUSIC THERAPISTS, BREANNE, CHRISTINE AND TAIESHIA!



### **Breanne Book, MT-BC - Department Chair MT**

A local of Kalamazoo, Breanne earned a Bachelor of Music Degree in Music Therapy with a minor in Psychology at Western Michigan University Lee Honors College. Voice is her primary instrument with a secondary focus in piano and guitar. She completed her music therapy internship at Marwood Nursing and Rehab in Port Huron, Michigan. There, she led individual and group sessions and co-treated with art therapy, physical therapy, speech therapy, and occupational therapy. In addition to her music therapy studies, she has performed in multiple WMU choirs and brought home 3 gold medals with the

University Chorale while touring the Baltic States for the 2017 Kaunas Cantat. She looks forward to developing the music therapy program at the Flint School of Performing Arts.



### **Taieshia Tindall, MT-BC**

Taieshia is from the small town of Adrian, Michigan. She had earned her Bachelor's Degree of Music in Music Therapy with a minor in Business Management at Western Michigan University. Voice is her primary instrument with additional focus on guitar and a little piano. She completed her music therapy internship this past summer/winter at Seasons Hospice & Palliative Care in Madison Heights, Michigan. Within her music therapy studies, she was apart of their Student Music Therapy Association and contributed an original song to their associations album. In addition to this, she volunteered

at various different community organizations such as the after school Gilmore Fellow Piano Program for elementary students, Bronco Buddies, & Youth for Christ as a mentor. She was also nominated the Artist of the Month in 2017 at Western and if you're interested in seeing the video, you can watch it through this [link](#). She is excited to be able to work with various ages and populations that have been a part of FSPA and the ones to come is a dream come true for her. She is very grateful for this opportunity and looking forward to this new chapter of life and working with an amazing community of people.